It is fun to try to win when playing board games. It is even more fun to really win when you switch to a FREE checking account at Essex Savings Bank. You win with:

- FREE debit card
- FREE online banking
- FREE electronic bill payment access
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- FREE first order of checks
- FREE paper statements
- FREE mobile app
- FREE mobile check deposit
- FREE person-to-person payments

There are no maintenance or activity fees. We never play games with the real money you have worked hard to earn and save.
Don’t let vascular disease slow you down. See our expert team in Middletown & Old Saybrook.

With a new, state-of-the-art Diagnostic and Interventional Suite, and a team of the area’s top vascular specialists, Middlesex Hospital is leading the way in detecting and curing all kinds of vascular conditions—including varicose veins, damaged vessels, and potentially life-threatening blockages and aneurysms. And, because many procedures use smaller or even no incisions, we’ll have you back on your feet faster than you’d ever imagine.

middlesexhospital.org/vitality
Winter 2018 started out very cold, but has not been too bad in terms of storms, at least so far. Even with that, Public Works crews have been out on overtime due to the timing of the storms, keeping our roads in good shape for our residents. As always, we thank them for their diligence and extra hours, and they appreciate the many positive comments we have received about the job they do.

The Annual Town Meeting was held on January 22, 2018 at 7:30 pm in the Meeting Hall of Town Hall. Roderick M. White was named Citizen of the Year, and for good reason. A founding member of the Harbor Management Commission, he served as Chair from 1988 to 1994, and was elected Registrar of Voters from 1993 to 2004. In addition, he was elected for two terms to the Regional District 18 Board of Education, serving from 1997 to 2005. Rod was our Town’s representative to the Southeastern Tourism District for many years, and currently serves on the Board of Assessment Appeals, a position to which he was first elected in 2007. Born and raised in Springfield, Massachusetts, Rod graduated from the Coast Guard Academy in 1950, and spent the next quarter of a century making his mark in the Coast Guard. A faculty member from 1969 to 1974, he served as Dean of Academics from 1974 to 1983. In 1969, he was named the outstanding Naval Engineer of the year, receiving the prestigious Gold Medal from the American Society of Naval Engineers. His Gold Medal citation refers to “his exceptional analytical skills and technical competence… and significant contributions in the advancement of icebreaker design….” It was Rod’s “White Bow” design that made it possible for the SS Manhattan to make the first successful transit of the Northwest Passage by a commercial vessel. Rod White, with his wife Judy by his side, was full of pride at receiving this prestigious Citizen of the Year Award.

In addition, Board of Finance Chair Andy Russell reviewed the FY 2017 Annual Report, which was distributed to everyone. FY 2017 closed on a good note, with some money left over, and without using the $600,000 from the surplus that was budgeted. Our surplus remains strong, at over 24%, which our auditors agree is an asset for a community that is bordered on two sides by water. The voters unanimously accepted the Annual Town Report as presented with very few questions. At the same meeting, the voters also approved an additional $200,000 for road overlay projects, keeping us on track in maintaining our roads.

continued on page 3
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The LED Light conversion project is completed, and we have already seen a drastic reduction in our electric bills. In November, we paid over $3,000 for electricity for our street lights, and since then, our highest bill was $950.00. We also now have a maintenance contract for all of our street lights, which reduces our overhead on maintenance as well. This was a project that was well worth funding, as we will pay for it in savings in less than three years.

The Police Services Options Committee has been appointed by the Board of Selectmen and will begin discussions about collaboration with East Lyme, and possibly other options for efficiency in our police services. Although the committee will look at options, it is only sensible that we plan for the summer increase in activity based on the current model of policing. For that reason, our proposed budget includes funding for additional part time municipal and state trooper overtime during the busy summer months. Last summer, with additional state trooper presence, we received positive feedback on the impact. We will continue to look for better ways to address the increased activity in our beach areas, so that summer in Old Lyme is a pleasant experience for all.

On February 5, 2018, the Board of Selectmen enthusiastically approved a resolution to take part in the SustainableCT initiative. The Connecticut Conference of Municipalities (CCM) has spent the last year researching this for towns and cities in Connecticut, and is “challenging” municipalities to complete action items to document our commitment to sustainability. For those communities that take part, a Sustainability Team is created to determine which actions have been completed, and which actions to undertake as goals to achieve points and awards. One action item that has already been completed is our conversion to LED street lights! So we are already on our way to reaching any goal that we set. If anyone is interested in being a member of our Sustainability Team, please reach out to us by emailing: selectmansoffice@oldlyme-ct.gov. You can find out more about this initiative by visiting the website at: www.sustainablect.org. We are very excited about the challenge and look forward to a bronze, or even a silver, award for our efforts. Awards will be acknowledged at the Annual CCM Conference in November.

The Town of Old Lyme has been well served for nearly 20 years by Old Lyme Sanitation (formerly Shoreline Sanitation), which has provided Solid Waste and Recycling curbside pickup. This is funded through our taxes. In June of 2019, the contract that we have with OL Sanitation will expire, and Gary Yuknat has informed us that he will retire. For that reason, we will be appointing a committee to develop the plan for services beginning in July of 2019. We have a lot of work to do to make sure that our services continue as seamlessly as possible during the transition. Stay tuned for more information to come.

continued on page 4
The installation of the new Cross Lane Playground is virtually complete, with border fencing to be installed as the weather allows. If you have not seen it yet, you are in for quite a surprise. It is just beautiful and fits right into the wooded area, with natural wood posts and lots of climbing opportunities for kids. As promised, the playground is handicap accessible, complete with special surfacing to allow wheelchairs, walkers or other support equipment for those with special needs. A huge thanks goes to the Junior Women’s Club members for their initiation of this project and partial funding of it. In addition, the Public Works crew assisted in much of the preparation of the area, and Al Bond took care of the heavier excavation, providing much more service than contracted! Once you see it, I know that you’ll agree that this playground will provide hours of joy for so many of our children and families. We are planning a special Grand Opening celebration of the playground on April 26, 2018 at 4 pm, complete with pizza and fun, with a rain date of April 27, 2018, at 4 pm. Please mark your calendars so you can join the festivities as we officially declare the playground open for fun!

After years of discussion, the Board of Selectmen has approved a Proposed Blight Ordinance at its January 16th Selectman’s meeting and has requested comments and questions on the proposal. In addition, an informational meeting was held on February 12, 2018, giving interested residents an opportunity to voice their opinions about the proposed ordinance. About 30 people attended the meeting, some expressing concern about the breadth of authority that the ordinance allows, others praising the effort and offering encouragement to pass the ordinance. It is likely that some changes will be made based on the comments, with a follow up presentation to be scheduled. As indicated at the initial meeting, the BOS want to allow citizens and homeowners the opportunity to understand the ordinance and provide input on concerns and suggested changes to the proposal. If the proposed ordinance appears to be supported, it would be recommended to a town meeting for approval. Please stay informed about this proposal and be sure to share your thoughts about whether this should be implemented in our community. You can view the proposed ordinance on the town website at: www.oldlyme-ct.gov, click on Boards/Commissions, Elected Boards, and Board of Selectmen. There is a link to the Proposed Blight Ordinance under “Additional Links.” Please feel free to share your thoughts by emailing: selectmansoffice@oldlyme-ct.gov.

This year, we are saying goodbye to a few terrific colleagues who have worked at Town Hall for many years. On December 21st, we wished Ruth Roach a fond farewell, as she made the difficult decision to retire as of January, 2018. Ruth has worked in our Tax Office as Assistant for many years, moving over as our Technology Coordinator for the past several years. In addition, Eileen Coffee,
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Each Office is Independently Owned and Operated. 

* Source: BrokerMetrics, SmartrMLS; *Market Share by Broker, by total dollar volume; closed sales for single family homes, Essex, Lyme, Old Saybrook, Old Lyme 1/1/17 - 12/31/17. While information is believed true, no guarantee is made for accuracy.
our beloved Town Clerk, retired as of January 2, 2018, and we had a touching luncheon to honor her many years serving the Town of Old Lyme, first as Asst. Town Clerk and as our Town Clerk since 2009. Her assistant for many years, Vicki Urbowicz, now serves as our Town Clerk, along with her new assistant, Courtney Joy. We are pleased to welcome both of them to their new position. Finally, our Building Official John Flower gave us notice of his retirement in June of 2018! John has been with the Town of Old Lyme since 1999, initially serving as Asst. Building Official AND Asst. Sanitarian. He became our full time Building Official in 2012, and has served with integrity and fairness since that time. John will be sorely missed, but he has agreed to assist in hiring a qualified replacement. We wish Ruth, Eileen and John good health, good times, and relaxation in their retirement, and thank them for their service to Old Lyme.

On February 11, 2018, Jeff Andersen, the longtime Director of the Florence Griswold Museum, was honored as he retires - after 41 years! Since he began working with the museum in 1976, the Florence Griswold Museum has grown from a small seasonal house museum where he was the only staff member to a nationally recognized center for American art and a leading CT cultural attraction, with 20 staff members and 80,000+ visitors annually. Jeff has been a visionary leader whose thoughtful devotion to excellence and whose tireless advocacy for the museum and its uniquely Connecticut story has transformed the Florence Griswold Museum into one of the state’s most important and beloved cultural destinations. The Board of Selectmen joined others in praise for Jeff Andersen’s accomplishments, and proclaimed February 11, 2018 Jeff Andersen Day in the Town of Old Lyme. Best wishes to Jeff Andersen for a well deserved retirement, and thank you for all you have done for our community!

Our budget season is in full swing - the Board of Finance continues to meet weekly to review all requests for FY 2019 budget. With less revenue anticipated from the State of CT, it will be a challenging budget, but they are up to the task. The Town Budget Hearing is scheduled for Monday, April 16th at 7:30 pm at Town Hall, and the Town Budget Meeting is scheduled for Monday, May 21st at 7:30 pm in the Lyme Old Lyme Middle School Auditorium. Mark these dates on your calendar and keep informed about the budget by checking the BOF minutes on the website. While you are there, don’t forget to subscribe to News and Announcements to receive automatic emails!

The Board of Selectmen and I wish you a wonderful spring season, and don’t forget to take time to smell the roses, or any of the flowers in bloom this spring!

Bonnie Reemsnyder, First Selectwoman

Streetlights

REPORTING STREETLIGHT PROBLEMS

When reporting a street light outage/problem, please provide exact address, pole number and issue observed. Either phone Michele Hayes at: 860-434-1605, ext. 212 in the Selectman’s Office, or report problem directly to the following link: http://tankolighting.com/oldlymemaintenance/.

The Town of Old Lyme can only repair streetlights that are on town roads. Streetlights that are located on private or association roads should be reported to your association. Thank you!
SOLD IN ESSEX
Overlooking Picturesque Middle Cove
Offered at $2,575,000

A RECORD SALE IN OLD SAYBROOK
Iconic Fenwick Estate “Paradise” set on LI Sound
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SOLD IN OLD LYMEE
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Offered at $872,000

SOLD IN ESSEX
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Waterfront Classic Fenwick Cottage
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FOR SALE IN OLD SAYBROOK
Quintessential Fenwick
$3,575,000

FOR SALE IN OLD SAYBROOK
Spectacular Panoramic Water Views
Offered at $2,000,000

FOR SALE IN ESSEX
Custom Built Cape Style Home
Offered at $549,000

FOR SALE IN LYME
Co-Listed with Ellen Henderson
Offered at $675,000

FOR SALE IN OLD LYMEE
Abounding with Character and Charm
Offered at $395,000

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Spectacular Water Views in Fenwick
Offered at $3,880,000

FOR SALE IN ESSEX
The Iconic Dickinson Mansion
$2,100,000
Assessor’s Office

The Assessors Office reminds residents of Elderly Homeowners & Totally Disabled and Additional Veterans tax relief availability. Elderly & Totally Disabled Tax Relief for Homeowners is available from February 15 through May 15th. An additional Veterans Exemption is also available for those who qualify for the above. To qualify, recipients must have reached the age of 65 or older by Dec 31st of the previous year (one spouse if married) or be totally disabled. Eligibility is also based on combined/single income limitations & length of home ownership. Applicants may not be receiving federal, state, county or municipal financial subsidy or aid. These filings are done every 2 years or if your income has changed significantly. If you are already in the program you will receive a reminder letter if it is your year for reapplication. Please call if you have any concerns regarding filing.

For more information please call Mickie Fraser, Administrative Assessment Technician at: 434-1605 ext. 219.

Other important assessment dates and deadlines can also be found on the Assessor’s page. Just visit: www.oldlyme-ct.gov. Don’t forget ownership, assessment, and mapping information is available on our website. To visit follow the link GIS MAPPING on the town home page.

QUESTIONS?
Please contact us at: 860-434-1605 x 218 or 219 or at: Assessor@oldlyme-ct.gov.

Melinda R. Kronfeld, CCMA II, Assessor Revised 2/2018

Meet the Old Lyme Economic Development Commission!

We are a committee of 9 residents dedicated to encouraging and promoting growth, quality of life and new business in Old Lyme. We are here to serve as a resource. We are currently working on some exciting initiatives and can’t wait to share them with you. We will be hosting an information session and meet and great later in the year so please watch for that.

Members:
Heather Gagnon, Chair
Bob Jose
Dr. William O’Meara
Joseph Camean
John Stratton
Susan Howard-Cihocki
Howard Margules
Justin Fuller
Gregory Symon

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CONGRATULATIONS!
We congratulate the following on their recent marriages:

**October**
- James Robert Welter II & Alicia Marie Jackson
- Matthew D. King & Laurie C. Whalen
- Frank Albert Maratta & Lisa Ann Calvano
- Arthur Steven Linares & Caroline Beatrice Simmons
- Jeffrey Paul St. Jean & Jennifer Lynn Thomassen
- Maurice Joseph Gariepy & Gertrude Eileen Barr
- Christopher Lee Schenck & Courtney Mary Reggo
- Fredy Alexander Verdugo-Ramirez & Jaimie Frances Rice

**November**
- Brian James Harvill
- Robert Ernest Adams
- Walter Alvin Stock
- Lena Louise Sandora
- Gloria K. Rackliffe
- Shirley N. Rollinson

**December**
- Alex Elliott Swaney & Chealsea Marie Jenkins
- Ronald Ernest Bottino Jr. & Stephanie Jean Sylvester
- Donald Xavier Bobowick & Karen Frances Bobowick
- Charles William Fritz III & Dianne Drobiak
- Philip Fazzino III & Debra Edgecomb Woodward
- Mark Malapina & Aileen B. Slack
- Joseph Morrison Skelly & Seonhee Cho

WITH SYMPATHY
We would like to express our condolences to the families of recently deceased Old Lyme residents:

**October**
- Benjamin Stephen Carroll & Alexandrea Ellery Teachworth
- Kyle Hogan Stroup Leaver & Kayleigh Lynn Smith
- Jonathan Joseph Mosey & Christina Louise Holth

**November**
- Alex Elliott Swaney & Chealsea Marie Jenkins
- Ronald Ernest Bottino Jr. & Stephanie Jean Sylvester

**December**
- Donald Xavier Bobowick & Karen Frances Bobowick
- Charles William Fritz III & Dianne Drobiak
- Philip Fazzino III & Debra Edgecomb Woodward
- Mark Malapina & Aileen B. Slack
- Joseph Morrison Skelly & Seonhee Cho
The Lyme-Old Lyme Chamber meets on the third Wednesday of each month to offer the opportunity for business professionals to network with each other and discuss ideas related to the economic vitality of our towns. Please join us at any or all of these Business After Hours meetings that offer free admission. There are also four dinner meetings during the year for which a nominal charge is made.

Our next gathering will be a dinner meeting on March 21 at Stella’s Restaurant & Pizzeria. All are welcome. We will network over cocktails and appetizers from 6 to 7 pm and then enjoy a three-course meal. The Mentoring Corps for Community Development will be our guest speakers and explain the activities of the group and also talk about the organ donor program that they support. The price for the meal is $25 and you can register on the Chamber website at: VisitOldLyme.com while also making your entrée selection.

Our April 18 meeting will be a Business After Hours event at a location to be determined and in May we will have both a lunchtime meeting on May 16 at the Old Lyme Country Club (again co-sponsored with Community Connections) and a Business After Hours at The Carousel Shop at Sound View later in the month.

Our January meeting saw two firsts - it was our first lunchtime meeting for quite a while and also, we co-hosted with Community Connections at the Old Lyme Country Club. We had an excellent speaker, Kayla Hedman of Miranda Creative Inc. and Memoir Hub LLC, who discussed Media Strategies to Boost Your Organization's Marketing in 2018. More than 40 people attended and enjoyed an excellent lunch. Feedback has been overwhelmingly positive and we also generated some new members from the event.

We hosted a Business Breakfast in February at Lyme-Old Lyme High School. Some 35 people attended along with a dozen LOLHS students from Joanne Hedwall's law and accounting classes and listened to State Sen. Paul Formica, State Rep. Devin Carney, Old Lyme First Selectwoman Bonnie Reemsnyder and Lyme Selectman John Kiker discuss Behind the Headlines: What's Happening in Our Towns and State? A delicious breakfast preceded the discussion and a lively Q & A session followed. Many thanks to
the Future Business Leaders of America group at the High School for hosting us.

The Chamber is also pleased to continue its Business Student of the Month program in association with Lyme-Old Lyme High School and February’s winner was Aoife Hubbard. Many thanks to Big Y for adding a gift card to her cash award from the Chamber.

The Chamber is collaborating with local realtors, who are also Chamber members, to launch, “Wake Up to Lyme-Old Lyme.” This program is a Chamber-wide effort to introduce new residents to the businesses in our area. Donations are sought for the Welcome Baskets such as coupons, brochures, and incentives to visit your business. For more information, email gstevens@musicnowfoundation.org.

Check the Chamber website at: www.VisitOldLyme.com for details of speakers and the location for each meeting. If you are thinking about becoming a member, please come to any meeting as a visitor. We would be delighted to welcome you and show you how much membership at just $50 per year has to offer and how it can benefit your business. For the latest information on the Chamber, please visit our website at: www.VisitOldLyme.com and, as always, don’t forget to Buy Local to support businesses in our community!

Events Presents ... MJ Martin Design

Smart, timeless designs and fine old-world craftsmanship are characteristic trademarks of M.J. Martin Design Woodworking in Old Saybrook, CT.

MJ Martin Design Woodworking opened its doors in 1994 as custom cabinet makers. Mike Martin prides himself as being a detail-oriented company with an emphasis on superior products and service to its customers.

Custom kitchens, bathrooms, offices, wood counter tops, entertainment centers and custom furniture pieces are all part of the MJ Martin offering. If you are looking for a special piece, we can build it! Each project is designed to the customer’s specifications and aesthetic choices. The ability to provide both custom and semi-custom products guarantees that projects will be unique and reflect the client’s personal style.

In 2010, MJ Martin partnered with Mouser Cabinetry. The partnership allows MJ Martin to offer its clients honest value and a unique semi-custom cabinet line crafted from the finest select woods. Mouser Cabinetry, based in Louisville, KY, proudly produces all of its cabinets in the U.S.

Our new showroom was opened in Old Saybrook in 2016. We invite you to stop in and see our custom cabinetry and the Mouser line of high quality product.

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Old Saybrook, CT 06475
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mjmartinwoodworking.com
TOWN HALL WILL BE CLOSED ON THE FOLLOWING HOLIDAYS IN 2018:

Monday, January 1, 2018 - for New Year’s Day
Monday, January 15, 2018 - Martin Luther King, Jr. Day
Monday, February 19, 2018 - President’s Day
Friday, March 30, 2018 - Good Friday
Monday, May 28, 2018 - Memorial Day
Wednesday, July 04, 2018 - July 4th
Monday, September 03, 2018 - Labor Day
Monday, October 08, 2018 - Columbus Day
Monday, November 12, 2018 - Veterans Day
Thursday, November 22 and Friday, November 23, 2018 - Thanksgiving
Tuesday, December 25, 2018 - Christmas

Hours for most departments:
Monday through Friday, 9:00 am - 4:00 pm.

In between their winter roadwork and snow plow duties, Public Works employees Scott D’Amato and Larry Galbo found time to rescue a resident in need, retrieving her keys from the storm drain in front of Town Hall.

Children’s Dental Associates
The American Academy of Pediatric Dentistry recommends children be seen by a Pediatric Dentist by the First Tooth or First Birthday!
Establish your child’s dental home now and call us for an appointment!

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Old Lyme Municipal Departments

<table>
<thead>
<tr>
<th>Department</th>
<th>Contact</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Animal Control</td>
<td>Lynn Philomen</td>
<td>434-1605 x244</td>
</tr>
<tr>
<td>Assessor</td>
<td>Melinda Kranfeld</td>
<td>434-1605 x218</td>
</tr>
<tr>
<td>First Selectwoman</td>
<td>Bonnie A. Beensnyder</td>
<td>434-1605 x271</td>
</tr>
<tr>
<td>Board of Selectmen</td>
<td>Mary Jo Nosal</td>
<td>434-1605 x212</td>
</tr>
<tr>
<td>Board of Selectmen</td>
<td>Chris Kerr</td>
<td>434-1605 x212</td>
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<tr>
<td>Building Official</td>
<td>John Flower</td>
<td>434-1605 x230</td>
</tr>
<tr>
<td>Emergency Management</td>
<td>David Roberge</td>
<td>434-1605 x231</td>
</tr>
<tr>
<td>Finance Director</td>
<td>Nicole Stajduhar</td>
<td>434-1605 x232</td>
</tr>
<tr>
<td>Harbormaster</td>
<td>Harry Plaut</td>
<td>434-1605 x212</td>
</tr>
<tr>
<td>Ledge Light Health District</td>
<td>434-1605 x214</td>
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<td></td>
<td></td>
<td>860-448-4882</td>
</tr>
<tr>
<td>Information Technology</td>
<td>Don Bugbee</td>
<td>434-1605 x235</td>
</tr>
<tr>
<td>Parks and Recreation</td>
<td>TFC Kazimera Morse</td>
<td>434-7080</td>
</tr>
<tr>
<td>Police</td>
<td>Hon. Jeffrey McNamara</td>
<td>739-6052</td>
</tr>
<tr>
<td>Probate Court</td>
<td>Ed Adanti</td>
<td>434-1605 x243</td>
</tr>
<tr>
<td>Registrar of Voters</td>
<td>Catherine Carter</td>
<td>434-1605 x226</td>
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<tr>
<td></td>
<td>&amp; Marylin Clarke</td>
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<tr>
<td>Senior Center</td>
<td>Stephanie Lyon Gould</td>
<td>434-1605 x240</td>
</tr>
<tr>
<td>Social Services</td>
<td>Jennifer Datum</td>
<td>434-1605 x228</td>
</tr>
<tr>
<td>Tax Collection</td>
<td>Judith Tooker</td>
<td>434-1605 x216</td>
</tr>
<tr>
<td>Town Clerk</td>
<td>Vicki Urbowicz</td>
<td>434-1605 x221</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Tim Grosiwold</td>
<td>434-1605 x232</td>
</tr>
<tr>
<td>Zoning Enforcement</td>
<td>Keith Rosenfeld</td>
<td>434-1605 x225</td>
</tr>
<tr>
<td>Library/Passports</td>
<td>Katie Huffman, Director</td>
<td>434-1684</td>
</tr>
<tr>
<td>School District #18</td>
<td>Superintendent of Schools</td>
<td>434-7238</td>
</tr>
<tr>
<td>Youth Services Bureau</td>
<td>Mary Seidner, Director</td>
<td>434-7208</td>
</tr>
</tbody>
</table>

OTHER AGENCIES

USEFUL NUMBERS

CAMP CLAIRE ...........................................................[860] 434-0368
CONSUMER PROTECTION ...........................................(860) 566-2294
LYMES’ YOUTH SERVICE BUREAU ...................................(860) 434-7208
SENIOR CENTER ......................................................[860] 434-1605 x240
OLD LYME VISITING NURSE ...........................................(860) 434-7808
OLD LYME HISTORICAL SOCIETY ...................................(860) 434-0684
9 TOWN TRANSIT ....................................................[860] 510-0429
LYME/OLD LYME JR WOMEN’S CLUB .................................[860] 501-9773
DEMOCRATIC TOWN COMMITTEE ......................................[860] 434-2271
REPUBLICAN TOWN COMMITTEE .....................................[860] 434-0740
LYME ART ASSOCIATION ............................................[860] 434-7802
VETERANS OF FOREIGN WARS – ...................................
LYMES’ POST 1467 ...................................................[860] 434-4207
AMERICAN LEGION – POST 41 ......................................[860] 664-0047

SCHOOLS

SUPERINTENDENT’S OFFICE DISTRICT 18............................[860] 434-7238
MILE CREEK SCHOOL ..................................................[860] 434-2209
CENTER SCHOOL .......................................................[860] 434-7838
MIDDLE SCHOOL .......................................................[860] 434-2568
LYME/OLD LYME HIGH SCHOOL ......................................[860] 434-1651
MULTICULTURAL MAGNET ............................................[NEW LONDON] [860] 437-7775

COLLEGES

LYME ACADEMY COLLEGE OF FINE ARTS .........................[860] 434-5232

OLD LYME TOWN HALL • 860-434-1605
www.oldlyme-ct.gov

Old Lyme - Community Listings

USEFUL NUMBERS

CAMP CLAIRE ...........................................................[860] 434-0368
CONSUMER PROTECTION ...........................................(860) 566-2294
LYMES’ YOUTH SERVICE BUREAU ...................................(860) 434-7208
SENIOR CENTER ......................................................[860] 434-1605 x240
OLD LYME VISITING NURSE ...........................................(860) 434-7808
OLD LYME HISTORICAL SOCIETY ...................................(860) 434-0684
9 TOWN TRANSIT ....................................................[860] 510-0429
LYME/OLD LYME JR WOMEN’S CLUB .................................[860] 501-9773
DEMOCRATIC TOWN COMMITTEE .....................................[860] 434-2271
REPUBLICAN TOWN COMMITTEE ....................................[860] 434-0740
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COLLEGES

LYME ACADEMY COLLEGE OF FINE ARTS .........................[860] 434-5232
Trash and Recycling

Curbside trash removal and curbside recycling is performed by Old Lyme Sanitation. Phone: 860-434-3800.

There is no trash pick-up on the following holidays: Christmas (Dec. 25), New Year’s (Jan. 1), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in Sept.), and Thanksgiving Day (fourth Thursday in Nov.). Trash normally collected on Thanksgiving is picked up the next day, along with the regular Friday pickup. For other holidays, trash pickup moves to the following day, until Thursday and Friday, which remain on schedule. Old Lyme Sanitation DOES NOT take off the same holidays as the Town.

Please have trash container out at curbside by 6 am on your assigned day. Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. Please be mindful not to block breakdown/emergency lane with receptacle. Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Phone Michele Hayes at: 860-434-1605, ext. 212 with any additional trash removal questions that you may have.

Single stream curbside recycling pick-up is provided for clean bottles, cans, #1 - 7 plastics and paper products co-mingled in the green recycling carts every other week. Corrugated cardboard boxes need to be flattened for recycling. A complete list of acceptable single stream recyclables is available on the Town’s website: www.oldlyme-ct.gov - click the trash and recycling link on the Selectman’s or Public Works pages or at www.shorelinesanitation.com. Information is also available in the Selectman’s Office at the Memorial Town Hall, 52 Lyme Street, and at the Landfill/Transfer Station on Four Mile River Road. Please phone Michele Hayes at: 860-434-1605, ext. 212 with any additional questions you may have.

Curbside recycling is performed every other week by Old Lyme Sanitation. There is no recycling pick-up on the following Holidays: Christmas Day (Dec. 25), New Year’s (Jan. 01), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in Sept.), and Thanksgiving Day (fourth Thursday in Nov.). Recycling normally collected on Thanksgiving is picked up the next day, along with the regular Friday pickup. For other holidays, recycling pickup moves to the following day, until Friday, which remains on schedule. Recycling information is available on the Town’s website: www.oldlyme-ct.gov, as well as in the Selectman’s Office at the Memorial Town Hall, 52 Lyme Street, or at the Landfill/Transfer Station on Four Mile River Road. Clearly mark your address on recycling and trash.

2018 Beach Stickers

Beach Stickers can be renewed online beginning in May. You will need a code contained in a renewal letter. Watch your mail! - or go to the Selectman’s Office, Monday through Friday, 9 am - 3 pm.

Cost per beach sticker is $25 ($20 for senior citizens over 60). Checks are preferable. However, if you must use cash, please be prepared with exact change whenever possible. Credit cards cannot be used in person.

Car registration must be shown. Additional proof of property ownership (if vehicle is registered in a place other than Old Lyme) may be required at time of purchase. Please note: the cost for replacement stickers is $25 unless the original sticker is returned (regardless of condition).

In addition, weekly renters (with lease dates) can request a temporary beach pass for use during their stay for $25, and we also offer a temporary day pass for $10/day for other special circumstances. Please visit the Selectman’s Office or phone Michele Hayes at: 860.434.1605, ext. 212 to purchase these passes and ask any additional questions. Thank you!
receptacles to avoid mix up, removal or displacement of cans. Phone Michele Hayes at: 860-434-1605, ext. 212 with additional questions you may have.

Additional automated trash and recycling containers should be ordered through Michele Hayes at: 860-434-1605, ext. 212 in the Selectman’s Office at the Memorial Town Hall, 52 Lyme Street. Containers cost $80. Please mark your address clearly on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Homeowners are responsible to replace lost, stolen or broken cans at their expense.

Transfer Station Information

TRANSFER STATION/LANDFILL HOURS
The Transfer Station is located on Four Mile River Road and is open Tuesday-Friday, 7:30 am - 3:45 pm, Saturday, 8:30 am - 4:00 pm. Closed Sunday and Monday. Taxpayers’ vehicles should have a Transfer Station sticker affixed to the right-hand side of windshield. Vehicles without a sticker, should bring proof of property address (i.e., tax bill, mortgage statement or closing papers), along with a driver’s license and registration.

BULKY WASTE AND DEMOLITION
Vehicles will be charged by weight at $110/ton. Recyclables should not be mixed in the same load with Bulky Waste or Demolition debris. Loads less than 100 lbs. are charged a minimum fee of $5. Brush is charged on a per load basis. No wood or limbs thicker than four inches are accepted. Grass clippings are not allowed at the Transfer Station because of chemical contamination from pesticides and fertilizers and cannot be deposited in your trash can. Please compost on your property.

ELECTRONICS ARE NOW ACCEPTED AT THE TRANSFER STATION. Residents are able to bring the following items to the Transfer Station on Four Mile River Road: computers (personal computers, mainframes, med-range computers, laptops); networking equipment (hubs, switches, control cards, etc.); computer monitors, televisions, printers, keyboards, mice, adaptors, stereos, speakers, VCR’s, scanners, fax machines, copiers telephones and telephone systems, computer wire and cable; computer drives and storage devices (floppy drives, CD ROMs, hard drives), power supplies, circuit boards, micro-waves, scrap copper (cable, pipe, etc.), scrap aluminum (machine and machine parts, cable extrusions, etc.), fluorescent light bulbs, UPA (uninterrupted power supply) batteries, and related computer and electronic equipment.

TRUST YOUR CAR TO THE REPAIR SHOP MORE PEOPLE TRUST...
We are a full service garage dedicated to quality work and service.
“The Only Call You Need For Quality Service & Repairs”

AUTO SERVICE
of
Old Saybrook, Inc.

We have Senior Citizen Day Every Day!
We Offer 10% OFF Repairs and Service up to $50.00 Maximum.

Servicing Domestic & All European Cars Including Mercedes, BMW, Jaguar, Audi, Saab, Volvo & VW

860-388-6838

From oil changes & scheduled maintenance to engine repair or replacement, we can provide complete mechanical & electrical service to your vehicle.

4 JADE COURT • OLD SAYBROOK
HOURS: MON. - FRI. 8 a.m. - 5 p.m.
New Administrative Team Creates Culture of Connection at Lyme-Old Lyme Middle School

“There’s something about these two …” says Lyme-Old Lyme Middle School Technical Education teacher Jennifer Costigan.

She is referring to Middle School Principal Mark Ambruso and Assistant Principal Noah Ventola, both of whom started in their positions July 1 last year after gaining extensive teaching and administrative experience in other Connecticut schools. Since their arrival, they have been actively working towards their shared vision of a school at which each student really feels connected and they have instigated many changes with that aim in mind. Stressing that they are building on the “solid ground” established by the previous administration, Ambruso explains their goal is to create a “positive community,” in which they as administrators know “something about everyone,” beyond just a name.

One of the key methods he and Ventola are using to fulfill this mission is “being visible [to the students] all the time - at events, lunches, in classes.” But it’s not simply visibility, Ambruso notes. “It’s approachability,” combined with “trying to find ways to engage every kid.” Continuing that theme of engagement, Ventola points out that they plan on moving the in-school advisory program to one in which students are grouped around topics of common interest, such as yoga, knitting, or zentangling, thus sparking new relationships.

The administrators are considering adding recess back into the school day next year - a popular proposal that is also based on a wealth of research. Ambruso comments, “Middle school students need to vent their energy” and giving that “unstructured time” unquestionably yields direct results in the classroom. Other changes the duo have implemented include improving communication between home and school, adding new after-school activities like ping-pong, and a quarterly recognition ceremony for students.

The aim in all these changes, says Ambruso, is “to create a safe and welcoming environment, introducing the students to people they trust - and then the learning can begin.” He adds, “We want to find that balance between academic rigor and preparing them for the next level,” while integrating it with “all the social, emotional...
and wellness issues” that middle schoolers are experiencing. Early reports indicate Ambruso and Ventola are achieving significant success. Lyme-Old Lyme Schools Superintendent Ian Neviaser comments, “There’s an air of positivity in the building,” and Costigan agrees, “These guys genuinely want to be here. They’re so supportive, they listen, and they’re always smiling.” But perhaps the greatest praise comes from 12-year-old Leland Hine, who is in sixth grade and says, “I really like being here. Mr. Ambroso and Mr. Ventola are very nice. They’re our principals … but they’re still friendly.”

If you have any questions about Lyme-Old Lyme Schools or would like to know more about our tuition program for students not residing in Lyme or Old Lyme, please contact Superintendent Ian Neviaser at: 860-434-7238, ext. 3603.

LOL Education Foundation 6th Annual Trivia Bee Coming Up

**Question:** What is the LOL Education Foundation’s Trivia Bee, 7:00 pm, March 16, 2018, at the LOL Middle School?

**Answer:** A great way to shake off the end of winter blues, have fun with friends, family, and neighbors, while supporting a great cause.

The 2018 Trivia Bee is a unique opportunity to support LOEF while having a terrific time. The LOLHS show choir, Amped UP!, will entertain the crowd in-between rounds of the competition. Teams of four will compete for the Golden Bee Trophy. Last year, students, local business owners, teachers, and volunteer firefighters were among those who formed teams for the competition. So, brush up on your trivia knowledge, get together with some friends or colleagues and register your team for the Bee! And, if you are interested in sponsoring a team, it’s not too late. Just go the LOEF website and sign up. Admission to the Trivia Bee is free, and there will be chances for audience members to win prizes. All funds raised at the Trivia Bee will be returned to the community in the form of grants to LOL schools and other local non-profit organizations. Whether as a team demonstrating your far flung trivia knowledge or as a member of the audience, we hope to see you on March 16 at the LOEF Trivia Bee!

The LOLEF is a charitable organization that provides financial support for educational projects, enrichment programs and innovative initiatives not typically funded by Regional District 18 or other governmental entities. LOEF has awarded grants for educational initiatives benefiting our youngest students to our senior citizens. You can find out more about the grants that have been awarded, as well as how to apply for a grant, at: www.loef.org.
The Old Lyme–Phoebe Griffin Noyes Library continues to fulfill its mission to inspire lifelong learning and discovery in a welcoming place with exceptional resources, programs, and services. From developing fun, interactive story times for infants and toddlers to hand-delivering books to homebound patrons, the Library continues to provide opportunities for residents of all ages to learn and grow.

**SAVE THE DATE FOR SUMMER READING!**
School's out and LITERACY IS IN! Come to the library and pick up your registration packet to Rock the Challenge... The Summer Reading Challenge! This year's theme is Libraries Rock! The Challenge will be offered in multiple age groups: Children: grades PreK - 5, Teens: grades 6 - 12, and Adults: 18 & up.
- Summer Reading Sign-up begins: Friday, June 8, 9 am-5 pm
- Summer Reading Kick-off Event: Friday, June 15, 3 - 5 pm

**Children's Events**
Julie Bartley/Children's Librarian
jbartley@oldlyme.lioninc.org | 860.434.1684 x114

**Toddler Time Tuesdays:** (Recommended for ages 2-5)
- Tuesdays at 10:30 am, April 3, 24; May 1, 8, 15, 22; June 5, 12

**Baby Time Thursdays:** (Recommended for ages 0-2)
- Thursdays at 10:30 am, April 5, 26; May 3, 10, 17, 24; June 7, 14

**Sweet Beats Family Music:**
- Wednesdays, April 11, May 9, and June 13 at 5:30 pm

**International Children's Book Day:**
- Monday, April 2, 9 am - 5 pm

**Russian Nesting Doll Workshop:** (Space limited, registration required)
- Friday, April 6 at 6 pm

**Cut & Paste Haiku!**
- Tuesday, April 17, 10 am-5 pm

**Nutmeg Book Club:** (For kids ages 7-10, registration required)
- Wednesdays, May 16 & June 6 at 4 pm

**DIY Flag T-shirt or Onesie:** (Registration required)
- Wednesday, May 23 at 4 pm

For complete details, visit our website at: www.oldlyme.lioninc.org.

**Young Adults Events**
Nike Desi/Young Adult Librarian
ndesi@oldlyme.lioninc.org | 860.434.1684 x116

Check out our online calendar for the most up-to-date event listings and to register for our programs. Find us at: www.oldlyme.lioninc.org/events.

**Curious about the Trash'n Fashion Series?** Excited about recycling or up-cycling? In addition to the listed programming, there are many ways for those of all ages and abilities to get involved. Don't miss out! Visit: www.oldlyme.lioninc.org/trashnfashion

**TRASH’N FASHION SERIES**
(All ages, registration requested)
- Garment Making Basics: Thursday, April 5 at 3:30 pm
- Marbleized Tshirts: Tuesday, April 10 at 3:30 pm
- Showcase Showdown: Thursday, April 26 at 5:00 pm

**Graphic Language: A Graphic Novel Book Club:**
(For readers in grades 6-10 and advanced grades 4-5 readers too)
- Tuesdays, April 24 and May 22 at 3:30 pm
- French Crepe Day: (Registration requested)
- Tuesday, May 8 at 3:30 pm
- To Be Read (TBR) - A New Teen Book Club:
  - Tuesday, May 16 at 6 pm (For grades 9+)
- Friday Field Trip: (For grades 4+, registration required)
  - Friday, May 18 at 3:30 pm
- (2nd Annual) Pride Month Zine Making Workshop:
  - Friday, June 1 at 3:30 pm (For ages 10+)
- DIY Bento Box:
  - Tuesday, June 5 at 3:30 pm (Ages 10+)

**Libraries Rock! Notable Novels:**
- Tuesday, June 19 at 3:30 pm

Looking to help out at the library? Submit an application on the Teen page of the library’s website: www.oldlyme.lioninc.org/tlcapp

**Special thanks to Burdick Oil for sponsoring our Young Adult Events!**

**Adult Events**
Katie Huffman/Director
khuffman@oldlyme.lioninc.org | 860.434.1684 x110

**Phoebe's Morning Book Chat:**
- Second Thursday of the month - April 12, May 10, June 14 at 11:15 am

**Contemporary Classics Book Discussion:**
- Monday, April 2 and Monday, May 7 at 7 pm

**Pam Meier - Turtle Rehabilitator and Public Educator:**
(All ages, space limited, registration requested)
- Thursday, April 19 at 6 pm
Trash'n Fashion - Showcase Showdown:
Thursday, April 26 at 5:00 pm

Special Jazz Brunch: (Advance tickets required, $25)
Sunday, April 29, 12-2 pm

Breast Cancer - Risk Assessment & Lifestyle Choices with Dr. Kristen Zarfos: (Space limited, registration requested)
Thursday, May 10 at 6:00 pm

Save the Date - Founder's Day Celebration:
Friday, June 22 at 7 pm

READING CIRCLES FOR ADULTS WITH MEMORY LOSS:
This spring the Library will begin scheduling regular Reading Circles for adults with memory loss. We will use specialized books from Reading2Connect, a professional organization that has pioneered tools to help adults with memory challenges experience reading again. These unique book discussions will be designed to foster expression and cultivate friendship among individuals with Alzheimer's and other dementias. If you know someone who would benefit from this program, please contact Linda Alexander at 860-434-1684 or lalexander@oldlyme.lioninc.org. Special thanks to Better World Books for funding this new service.

Check our website at: www.oldlyme.lioninc.org for more events and complete details.

SIGN UP FOR OUR E-NEWSLETTER at: www.oldlyme.lioninc.org. The Library does not distribute or sell our patron email list to any commercial or nonprofit business. We use your email solely for contacting you about library programs, special events, and announcements.

Phoebe's Bookcellar
Wednesdays: 10:00 am – 6 pm
Saturdays: 10:00 am – 2 pm
Contact us at: 860-434-1684 x117

The BookCellar is a highly successful used book store - Old Lyme's only bookstore - managed by the volunteer Friends of the Library and housed on the Old Lyme Library's lower level.

Please stop by to shop, drop off book donations, or become a volunteer. Choose from thousands of books of all genres, including hard cover and paperback fiction, art, business, classics, cooking, language, literature, music, parenting, pets, sports, world history, books for children, young adults. We also have a large collection of Rare & Collectible books, as well as DVDs & CDs. When you’re in the Library lobby, be sure to browse the on-going sale of books located on the cabinets across from the Circulation Desk. Every dollar earned at the BookCellar goes directly to support the Library’s programs, collections and equipment.
33RD ANNUAL YOUTH ART SHOW
March 15 through 24, 10:00 am - 4:00 pm daily (closed Sunday).
Lyme Academy College of Fine Arts, Sill House Gallery
Featuring artwork from students K-12 of Lyme Old Lyme Schools.

COMMUNITY FORUM: YOUTH SUBSTANCE USE & VAPING
Tuesday, March 12, 7:00 pm.
Lyme-Old Lyme Middle School Auditorium
Featuring a Youth Panel, a presentation on vaping and results from the Lyme-Old Lyme Youth Survey

SUMMER CAMP FAIR
Wednesday, March 28, 5:00 - 7:00 pm.
Lyme-Old Lyme High School Commons
More than 30 local camps will be at LYSB’s Camp Fair! Pick up brochures, meet camp reps, and maybe even register. It’s one stop shopping for a summer of fun! Admission is free. Pizza available. More info at: www.lysb.org

THE BIZZ - Youth Talent Show
Friday, May 4, 6:30 pm. Lyme-Old Lyme High School Commons
Tickets $8 at the door
Audition dates: Monday, April 9 and Tuesday, April 10 from 4:00 - 6:00 pm. Book your audition time online at: www.lysb.org

PLAYGROUPS at Lymes’ Youth Service Bureau
LYSB offers a variety of playgroups based on child’s age and interest, including Sensory Group on Mondays, STEM playgroup on Wednesdays, Storybook group on Thursdays, and Crafts on Fridays. For a full description of all our groups visit our website at: www.lysb.org or call 860-434-7208 x0

BABIES GROUP
Tuesdays at 10:00 am.
For new and expecting moms and parents of children up to 12 months. This group is casual, comfortable, and informative. Weekly topics of interest are based on the diversity of your own questions and concerns commonly found during the first year of parenting. Meeting in the child friendly atmosphere of Mimi’s Place at LYSB.

MUSIC WITH MISS MARTHA
Wednesdays, 10:40 - 11:10 am through May 30th.
For ages 2-5, free. Join us on Wednesday mornings at LYSB for musical fun with Martha Herrle from Community Music School. Register at: www.lysb.org

CAR SEAT SAFETY CHECK
Did you know only one out of five cars seats are installed correctly? If you have questions about recalls, booster seats, forward facing, airbags, and many more please schedule your personal 30 minute appointment. Your child must be present unless you are expecting. To register, call: 860-434-7208 x0

YOUTH ADVISORY COUNCIL (YAC)
Every Wednesday 7:00 - 8:00 pm.
YAC is a high school community service club that participates in a variety of fun projects and activities throughout the year. All high school students in L/OL are welcome to join us any Wednesday night! For questions call: 860-434-7208 x0. Just show up, fun is guaranteed!

MIDDLE SCHOOL AFTERSCHOOL PROGRAM
Every Tuesday & Thursday 2:15 - 4:00 pm at LYSB.
This is a drop in program and a permission slip is required. Come hang out with your friends while listening to music, playing ping pong, games, Wii, crafts & snacks. Students can walk to LYSB from the Middle School, and may get a pass for the LOLMS late bus. Registration fee: $30/year. Register online at: www.lysb.org, or call LYSB at: 860-434-7208 x0.

SITTER SAFETY CLASS
Four Mondays: March 5, 12, 19, 26, 2018, 2:15 - 4:00 pm.
An intense sitter safety and training course appropriate for babysitters, big brothers and sisters, and children staying home alone for the first time. This course touches on a variety of safety skills such as basic first aid, fire safety, and 911 skills. Fee is $50 and includes supplies, snacks, and guest speakers. Late Bus passes are available.

CPR FOR BABYSITTERS
Monday, April 2, 2018, 2:15 - 3:45 pm.
Add this valuable class to your LYSB babysitter’s course and learn how to save a life! Learn CPR and how to clear a blocked airway in children and infants. Parents want to hire babysitters who know CPR and can help kids who are choking. Instructors will teach you everything you need to know to provide lifesaving care during a cardiac or choking emergency in this class. Class cost is $55 and awards a Certificate of Completion. Register at: www.lysb.org

ENGINEERING AFTER SCHOOL with ENGINEERING IMAGINATIONS LLC ASPIRING YOUNG ENGINEERS!
Thursdays, March 15, 22, 29 and April 5, 12, 2018, 4:00 - 6:00 pm.
For ages 5-8. Discover the spectacular world of engineering through hands-on, minds-on activities! Students apply problem solving and critical thinking skills to explore our S.T.E.A.M.
(Science, Technology, Engineering, Architecture, Mathematics) based curriculum. Participants will use a variety of mediums such as recycled materials, salvaged motors and gears, balsa wood, LEGO®, and more. Students can take the bus from Mile Creek and Lyme Schools directly to LYSB. Fee $120/ 6 week session. Register at: www.lysb.org

MOTHER/DAUGHTER WORKSHOP: Let’s Start Talking
Thursday, April 26, 2018, 6:00 - 8:00 pm.
Open the lines of communication with your daughter!
Designed to give girls a better understanding of the changes that her body will go through during puberty. Topics will include the importance of a positive body image and how to deal with difficult situations. A fun and educational night out for girls in 4th or 5th grade and their mothers. Cost is $50 per pair and includes resource materials, goodie bags and a pizza dinner. Register at: www.lysb.org

SEWING WORKSHOPS!
Five week sessions Tuesdays, 4:00 - 6:00 pm. For boys and girls 8 years and older. Learn how to sew on a machine and make fun projects for you and your room. No experience necessary. All materials and machines provided. Fee: $100 With arts educator Claudia Mathison. Take the Bus to LYSB. Class descriptions and registration at: www.lysb.org

APRIL VACATION SPRING CRAFTS with arts educator Claudia Mathison Register for one or all three!

Let’s Get Cooking:
Tuesday, April 17, 1:00 - 4:00 pm.
Healthy granola, yummy jam, fruit smoothies and more!
Learn about cooking and eating nutritious and delicious foods. Please let us know of food allergy issues. For ages 7 and up. Fee $40.

Sew A Bunny:
Wednesday, April 18, 1:00 - 4:00 pm.
Just in time for spring cuddling! You'll hand sew a cute felt bunny while learning basic sewing and embroidery techniques. Ages 7 and up. Fee $40.

continued on page 22
Youth Service Bureau... continued from page 21

Build It!
Thursday, April 19, 1:00 - 4:00 pm.
You’ll be an engineer and architect as you design and build unique structures from a variety of materials. Wood, cardboard, foam and more will be transformed into castles, towers or abstract sculptures. Bring your imagination and be ready for a fun afternoon! Ages 7 and up. Fee: $40. Register at: www.lysb.org

LYME-OLD LYME PREVENTION COUNCIL
CASFY: Community Action for Substance Free Youth
Meets on the 1st Tuesday of the month at 7:00 pm at LYSB. Our mission is to prevent and reduce alcohol and other drug use among youth by collaborating with the community to raise awareness, modify social norms, educate youth and adults, initiate policy change and promote healthy activities. Our group includes parents, youth, school administrators, police, and community members. Join us at our next meeting!

SURVIVORS OF SUICIDE LOSS SUPPORT GROUP OF SOUTHEASTERN CT
Joining hands as we walk on this journey together towards healing one breath at a time. We are a group of survivors, together to offer support, comfort, and understanding. Our group provides an atmosphere of acceptance for exploring feelings that are often not understood by others. It offers a chance to share helpful resources, and to give and get support through the long grief process. Meeting times: 1st & 3rd Thursday of each month at 6:30 pm at LYSB, 59 Lyme Street, Old Lyme, CT. Contact: Ann Irr Dagle at: 860-625-5280 or btdmemorialfoundation@gmail.com.

COUNSELING SERVICES FOR ADOLESCENTS
LYSB provides counseling services for adolescents in Lyme and Old Lyme. Our fees are based on a sliding scale. All inquiries are confidential at 860-434-7208.

YOUTH JOB BANK
Do you need a babysitter? Yard work needing to be done? Dog walking? Odd Jobs? Call LYSB to hire local youth who are interested in working for you! L/OL youth in grades 6-12 who are interested in adding your name to our Job Bank, fill out an application on our website at: www.lysb.org or call: 860-434-7208 x0.

It’s that time of year when many of us clean out our drawers and closets, pare down our housewares, or refresh our furnishings. Or maybe you’re downsizing. If this sounds like you, and you’re wondering what to do with all that “stuff” you don’t need or want anymore, we have the answer!

Child & Family Agency’s 64th Annual Sale - the largest and longest-running tag sale in New England - takes place May 10–12 in New London, and the Lyme/Old Lyme Auxiliary is collecting donations for the sale right here in Old Lyme. Bring your donations to our intake location at the First Congregational Church of Old Lyme, 2 Ferry Road, between 10 am and 4 pm on Tuesday May 1. Tax letters will be available.

ACCEPTABLE ITEMS INCLUDE:
artwork, furniture, household and decorative items, books, linens, antiques, collectibles, jewelry, toys, tools & garden equipment, sporting goods, vintage wear, and women’s, men’s, and children’s clothing and small appliances. Please, only items in saleable condition!

Visit: www.childandfamilyagency.org or call: 860-443-2896 for more information, or email: cfa.lolauxiliary@gmail.com.

9 Town Transit Seeks Help Preventing Funding Cuts
For decades, transportation programs in Connecticut have been funded by a tax on gasoline and diesel fuels that go into the Special Transportation Fund. The 25 cent gas tax has not changed since 2000, while vehicles have become more fuel efficient, all resulting in a decrease in revenues.

Without action from the legislature, the Connecticut Department of Transportation warns that there will not be enough funding coming into the Special Transportation Fund to cover the expenses of the state’s transportation system. As a result, 9 Town Transit would see a 15% reduction in funding in 2018 and a 50% reduction of funding in 2019. 9 Town Transit is warning that a 15% reduction of state funding beginning July 1, 2018 would result in changes such as fare increases, elimination or reduction of bus routes and reduced Dial-A-Ride service. A 50% reduction of state funding beginning July 1, 2019 would result in changes such as additional fare increases, elimination of most bus routes, elimination of Saturday service and elimination of Dial-A-Ride service.

These changes would have a significant impact on the more than 100,000 trips made each year on these services. Hundreds of area residents would be stranded, and unable to get to work, school and medical appointments. More information about the possible service reductions and ways to help prevent the funding cuts can be found at: www.9towntransit.com/fundtransit.
Give Your Time to Help Connecticut Children & Families

Child & Family Agency’s Lyme/Old Lyme Auxiliary is a group of dedicated volunteers whose mission is to support the work of Child & Family Agency of Southeastern Connecticut, a private, nonprofit organization that nurtures children and families to develop their strengths through its service, partnership, and advocacy. With offices in New London, Essex, and Groton, Child & Family Agency is the largest nonprofit children’s service provider in southeastern Connecticut; last year over 17,000 children and their families in 79 towns received services from the Agency.

The Lyme/Old Lyme Auxiliary is one of six such groups of volunteers who provide support to the agency through fundraising and other activities. In Lyme/Old Lyme this means the biennial Garden Tour and alternate-year events on the third weekend of June; the popular Holiday Cookie Walk and Polar Express each December; and Intake of donations for the Annual Sale every spring. Many of our members also work at the Annual Sale in New London (the largest and longest-running tag sale in New England), and some members volunteer their time at Agency sites, reading to children, assisting with activities, or offering organizational support.

NEW MEMBERS ARE ALWAYS WELCOME TO JOIN THE LYME/OLD LYME AUXILIARY!
Give as much time as your schedule allows. If you would like to learn more, please plan to attend our spring meeting on Wednesday, March 28, at 6:00 pm, taking place at the Hamburg Cove Yacht Club (13 Cove Road, Lyme). We will start with dinner, followed by the meeting at 7:00 pm. If you need a ride to the meeting, or if you are unable to attend but would like to join the auxiliary, email us at: cfa.lolauxiliary@gmail.com.

VISIT Old Lyme!
www.oldlyme-ct.gov

Old Lyme is a community of some 8000 permanent residents and an additional several thousand seasonal visitors who occupy a shoreline complex of summer residences. Located on the east bank of the mouth of the Connecticut River where it meets Long Island Sound, the town is marked by independence, volunteering, and a long-standing commitment to the arts.

Cross Lane Playground

The Grand Opening Celebration is scheduled for:
April 26, 4:00 pm to 6:00 pm.
(Rain date April 27.)

Please join us for pizza and an Earth Day Celebration, planting flowers around the playground.

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The following are already scheduled free special events / lectures (unless noted otherwise) that will take place at the Lymes’ Senior Center from March 9th – June 11th 2018. Please check website listed above for additions and changes to the events listed.

**Movie: Wild Hogs**
March 13th at 12:45 pm.

**The Gray School of Irish Dance Performance**
March 15th at 1:30 pm.

**AARP Drive Safety Class** will be held on
Friday, March 16th from 1:00 - 5:00 pm.

**Lyme Old Lyme Middle School “JAZZ CATS”**

**Jazz Band Performance**
Tuesday, March 20th at 1:00 pm. If the schools are closed due to snow, the MAKEUP DAY will be Wednesday, March 21st at 1:00 pm.

**Ingenious Ways to Train our Brains**
Tuesday, March 27th at 1:00 pm and learn.

**Movie: Three Billboards Outside Ebbing, Missouri**
April 3rd at 12:45 pm.

**Entertainer Marcy Conway “Name That Broadway Show Tune”**
Wednesday April 4th at 1:00 pm.

**Entertainer John Banker will perform for us**
Tuesday, April 10th at 1:00 pm.

**The American West: History, Myth, and Legacy**
is a college level course that will be a 12 week course taught by Professor Patrick N. Allitt, Ph.D. from Emory University via the Great Courses. The classes will be held on Fridays from 1 - 2:15 pm in our small conference room starting on April 13th. Please register for this free lifelong learning class by calling 860-434-1605 ext 240. The video classes are free to take however full transcripts can be purchased for $25 if you wish to have it to follow along and of course keep after. In order to order enough transcripts, you must come in and pay for it 3 weeks prior to the start of the class so we can order enough copies.

**Checklist of Life author Lynn McPhelimy**
will be here to discuss her resourceful book. This program is sponsored by Saybrook at Haddam and will be held here at the Lymes’ Senior Center on Wednesday, April 18th at 1:00 pm.
Amazon.com reviews Lynn's book as follows: “Death is certain. Life is not.” So begins this commonsensical, infinitely useful workbook that’s aimed at helping your survivors handle the requisite legal and household affairs after your death. Author Lynn McPhelimy was inspired to write the book when her parents were both diagnosed with terminal cancer and her father said to her, “You know when I’m gone, I don’t want the yard all dug up when you’re looking for the septic tank. So here is this little map.” It’s a book that’s not meant just for the elderly or the seriously ill, but for anyone who wants a handy reference with all the necessary “facts of life” in one spot.

Guided Meditation with Laura Kokaska
Tuesday, April 24th at 1:00 pm.

Tea with Abigail Adams
April 25th at 1:00 pm. Sheryl Faye will bring Abigail Adams alive in an interactive presentation of her life. Please call to reserve a spot today at: 860-434-1605, ext. 240.

Arthritis Lecture by Fox Rehab
May 1st at 1:00 pm.

The Airborne Band
May 2nd at 1:00 pm.

Singer Jose Paulo’s Hawaiian Show with Hula Dancers
May 8th at 1:00 pm.

Who’s Got Your Number? Protecting Your Identity by Care Plus Credit Union
May 15th at 1:00 pm

Local Entertainer Tim Baffaro presenting Novelty Too Songs
May 22nd at 1:00 pm.

Newly Released Movie: Wonder
May 29th at 12:45 pm.

Lymes’ Senior Center Summer Concert Series 2018
Come and enjoy a summer evening at the Lymes’ Senior Center, at 26 Town Woods Road, for “Summer Sounds,” a four week musical series. ALL AGES ARE WELCOME! Bring your chairs, blankets, dinner, etc. Performances will be outside on the lawn (weather permitting) or inside if the weather is inclement. A free ice cream social will follow all concerts! All concerts begin at 7:00 pm.

July 5th      - The Airborne Band
July 12th    - Doo Wop DeVille “New England’s Premier Doo-Wop Show Band”
July 19th    - The Cartells
The LOL Lions Club will be selling hot dogs, hamburgers, and other dinner foods before the concert listed below, starting at 5:30 pm
July 26th   - The United States 102nd Army Pop Band

ELPA ~ Additions ~
~ Renovations ~
~ Interiors ~
~ Kitchen & Bath ~

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29 Chesterfield Road, East Lyme, CT 860-739-6974
The Estuary Council of Seniors, Inc. is a community center for the region's residents over 50 years old providing meals, transportation, health services, educational classes, exercise programs, and socialization activities. We have been promoting healthy and active lifestyles through quality programs and services in the nine-town Estuary region for over 40 years. Please visit us at: www.ecsenior.org for additional information or call us at: 860-388-1611.

LYMES' CAFÉ
Lunch is served Monday to Friday at the Lymes' Senior Center. Meals are prepared fresh by our Estuary Chef and his team. Please call 860-388-1611 x216 to reserve no later than 11 am the day before. Lunch is served at Noon. Please join us! Meals supported by Senior Resources with Title III funds available from the Older Americans Act. Lunch is a Suggested Donation of $3 for those aged 60+ and costs $13.93 for anyone under 60.

ESTUARY GYM IS SILVER SNEAKERS APPROVED!
If you are a member of a Silver Sneaker participating in CT, the Silver Sneakers plan will pay for your gym visits. Does NOT apply to fitness classes. Check eligibility easily by contacting the Estuary at: 860-388-1611 x202.

THE MARSHVIEW FITNESS CENTER
Stay healthy and strong by working out in our gym. Membership Options: $50 for 3 months, $90 for 6 months, $150 for a year. Stop by the Office for a tour and learn how to become a gym member.

THE ESTUARY THRIFT SHOP
The Estuary Thrift Shop offers the best bargains on the shoreline! Clothing, furniture housewares, decorations, and jewelry are just a few of the things you will find. Every day is different! All ages are welcome to come in and shop. Open Saturdays! Daily Specials!

Volunteers are always welcome at the Estuary Council Senior Center. Help pack or deliver Meals on Wheels, work in our Thrift Shop, serve on our Board of Directors, and so much more. Please contact Judy at: 860-388-1611 x213 for details.
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The Ledge Light Health District (LLHD) Medical Reserve Corps (MRC) is looking for medical and non-medical volunteers to join our district wide organization. Anyone 18 years and older who enjoys helping others is welcome to join. A national network of local volunteers with a mission to strengthen public health, the LLHD MRC has been active since 2007. If you got your H1N1 shot at Christ the King Church during the pandemic it was MRC volunteers, with LLHD staff, who greeted and gave you the vaccine.

Kris Magnussen, an Old Lyme resident and Ledge Light’s public health nurse, credits her wonderful volunteers for the successful programs offered to help improve the health and build resilience in the area communities. Flu clinics, blood pressure and diabetes screenings, fall prevention home assessments and mass dispensing exercises are just some of the activities the MRC have been and continue to be busy with.

Seniors Standing Strong is a free in-home falls assessment service offered to seniors to help keep them safe in their home. Trained MRC volunteers will be happy to visit and make suggestions on how to prevent fall hazards. An appointment can be made by calling Kris Magnussen at: 860-448-4882.

LLHD MRC was the first unit in the country to form a Disaster Epi Strike Team, led by the LLHD Epidemiologist, Russ Melmed. In the event of a disaster, the Epi Strike Team would be dispatched to the affected area to find out the immediate needs of residents and act as a liaison between residents and their town emergency management officials. The unit is also trained to assist LLHD in outbreak investigations. MRC volunteers and Ledge Light Health District worked with the Old Lyme Visiting Nurse Association, Old Lyme Emergency Management and First Selectwoman Bonnie Reemsnyder to do a full-scale mass dispensing exercise with the critical infrastructure staff and seniors that was a great success.

The main mission of the MRC is to respond to public health emergencies such as pandemics, bio-terrorism or natural disasters. Training and exercises help the volunteers to stay ready to respond to any event that has the potential to affect people’s health. MRC volunteers, EMTS Doug LoPresti and Colleen Atkinson of Old Lyme, have provided great training, Stop the Bleed, to MRC volunteers in the region. Volunteers are trained in CPR, First Aid, Triage, Incident Command and Medical Countermeasures dispensing. Please contact Kris Magnussen or Catherine Dragoo at: 860-48-4882 to learn more about joining!
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BALLEK’S GARDEN CENTER

Old Lyme Events • Quarter 1 • 2018

www.eventsmagazines.com
Mark your calendar for the 2018 High Hopes Therapeutic Riding June Gala. The Annual Gala is one of Connecticut's premier social and fundraising events; gathering our supporters across Connecticut and beyond, for an evening of dining, dancing, and dedication to our mission.

This year's Event Chairs, Hannah Childs and Emily Jewett, have chosen the theme “How Sweet It Is” as a fun way to recognize this event's widely popular band “Sugar” and to represent the important work done at High Hopes. “Sugar” is a ten-piece band that has been playing together for 15 years. They carry a dedicated following and have played in some of the most prestigious venues in New England with a "huge repertoire from oldies to current music, and they are just sooo good!"

The gala will feature both a live and silent auction and a gourmet dinner. Invites will be mailed in April. If you would like High Hopes to add your family or your company to the invite list, continued on page 32
Leading the Market...Year after Year
WE DID IT AGAIN IN 2017

LYME AND OLD LYME
Single Family Homes and Condos Closed in 2017*

<table>
<thead>
<tr>
<th></th>
<th>Volume</th>
<th>Units</th>
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<td>44.6%</td>
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<tr>
<td>William Pitt Sothebys</td>
<td>15.9%</td>
<td>12.7%</td>
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<tr>
<td>Berkshire Hathaway</td>
<td>4.9%</td>
<td>5.7%</td>
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<tr>
<td>N.E. Properties</td>
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<td>6.4%</td>
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<td>Heritage Properties</td>
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<td>William Raveis</td>
<td>4.3%</td>
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*Combined Listing and Buyer sales. Based on information provided to and compiled by SmartMLS from 1/1/17 - 12/31/17

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March 17, 2018 - High Hopes Volunteer Open House

Join High Hopes Therapeutic Riding Center on Saturday, March 17th to find out more about volunteering at High Hopes. Watch a lesson, see a demonstration, ask questions and get answers and talk to one of our staff about a schedule that would suit your needs. From one hour a week upwards!

Without our volunteers’ hard work and dedication, our goal - to bring the extraordinary benefits of therapeutic riding and equine activities to a wide range of individuals-would be no more than words on paper. There are many personal benefits to volunteering too. High Hopes provides a positive and supportive, non-judgmental environment where you can learn new skills, gain experience working with adults, children and horses, help build your resume, obtain references for school and work, and above all be part of a fun and rewarding altruistic experience.

There are some things we need from you. For many of our participants an equine assisted activity at High Hopes is a highlight of their week so they need your commitment and reliability. We need you to be willing to learn “the High Hopes way,” to always give of your best and above all, be kind and respectful of others.

Please visit the High Hopes website to register at: http://highhopestr.org/volunteer/volunteer-training/ or call: Marie at: 860-434-1974 x118

Water Pollution Control Authority (WPCA) Updates

COASTAL WASTEWATER MANAGEMENT PLAN
Regarding the research into sewering the area known as Sound View, the Environmental Impact Evaluation (EIE) has come back to the WPCA from CT DEEP for comments. Members of the WPCA have had time to read it and ask clarifying questions. We will be sending it back to CT DEEP and it will be published to the Monitor publication so that members of the public can make comments about plan. We will put a link to this website on the WPCA page of our Town website: www.oldlyme-ct.gov.

Following public comment, a record of decision will be developed to respond to the public comments. The record of decision goes back to CT DEEP and, at this point, it could direct Old Lyme to implement the wastewater management plan. This would lead to a town-wide public referendum.

INTER-MUNICIPAL AGREEMENT IMA
The inter-municipal waste transfer agreement is moving forward. Representatives from Old Colony Beach, Old Lyme Shores and Miami Beach in consultation with Selectwoman Reemsnyder and WPCA Chairman Prendergast have been negotiating an agreement with representatives of East Lyme, Waterford and New London for conveyance of wastewater to the New London treatment facility.

PUMP HOUSE LAND LEASE
The sewer pump-house lease agreement that leases public land so that adjacent neighborhoods can share in waste water pump costs is nearing completion and will soon be ready for the Selectman’s office to present to the public for approval.

First Selectwoman Reemsnyder and WPCA Chairman Prendergast have been working to iron out the details of the lease agreement with representatives of Old Colony Beach, Old Lyme Shores, and Miami Beach. This agreement is vital to the public interest because it has the potential to save the Town millions of dollars.

ADDITIONAL TESTING
Regarding the area known as Hawk’s Nest Beach, the ground water quality testing plan has been reviewed by CT DEEP and largely approved. The addition of a few more test wells is necessary to accurately evaluate the ground water quality of the Hawks Nest Beach area. The draft plan proposes adding 4 new wells to the existing 6 wells for a total of 10 testing sites. The WPCA is carefully reviewing the location of these wells to be sure that they will provide the most accurate determination of water quality for the HNB area. We anticipate that the additional wells will be installed and testing will begin this Spring.

The WPCA meets at 7:30 pm on the second Tuesday of each month. Members of the public are always welcome to attend.
Old Lyme Hiking Trails

Town of Old Lyme Open Space & Old Lyme Land Trust Preserves

Property Ownership (June 2015)

- Old Lyme Land Trust
- Old Lyme Open Space
- State Forest
- The Nature Conservancy

For more information and maps of specific properties please visit:
www.oldlymelandtrust.org or www.oldlyme-ct.gov/Pages/OldLymeCT_BComm/open_space

For general reference only: LSN 7.2015
DO YOU HAVE AQUATIC WEEDS IN YOUR ROGERS LAKE WATERFRONT?
If so, the Rogers Lake Authority can make available benthic mats that may help with your aquatic weed control. Contact the Rogers Lake Authority at: rogerslakeauthority@oldlyme-ct.gov for details and deployment options.

The Rogers Lake Authority asks for your assistance in reporting unsafe activity occurring on Rogers Lake anytime of the year. To report any unsafe activities, please use the form that is available on the Rogers Lake Authority website: http://www.oldlyme-ct.gov/Pages/OldLymeCT_BComm/rogers_lake/index?textPage=1 Click on “Report Boating Violation.” If unsafe activity needs immediate action, call 911. Thank you for your assistance.

Reminder that the horsepower limit on Rogers Lake is 135 HP. Fines may be imposed.

Connecticut State law 12-155 prohibits the use of a fertilizer containing phosphorous less than 20 feet from any body of water. A $500 fine is imposed on violators. If you have questions on the phosphorus legislation or soil testing, call the UConn Home & Garden Education Center at: 877-486-6271.

Rogers Lake Authority News


Duck River Garden Club

We had a wonderful luncheon held at the Old Lyme Country Club. January followed with our annual Christmas Pot Luck dinner at the First Congregational Church of Old Lyme.

Soon, the DRGC members will be preparing for our Spring Flower Sale which is held on “Mother´s Day” weekend. We will be notifying the public in the spring with all the necessary information. This is our major fundraiser each year and our money raised benefits the town of Old Lyme, it´s residents and some surrounding towns.

Want to Reach Every Home & Business in Town?
Call Betty Martelle at 860-333-7117
The Old Lyme Conservation Commission encourages the Town of Old Lyme to become “cleaner” through supporting pollinators, eliminating lawn pesticides, and utilizing renewable energy. The First Congregational Church of Old Lyme takes a leadership role in “Going Solar.”

An iconic center of Old Lyme, the church began efforts in 2014, urged by the church’s Committee for the Environment. The church’s efforts included input from solar-based non-profit organizations, financial and engineering experts, and installer Waldo Renewable of Old Lyme.

136 panels were installed on the roof of the church parish house. At peak, they can generate 44 KW of electricity. Even through this winter’s heavy winds, they continued to function, providing a flow of renewable energy and financial savings. Since start of generation in 2015, the church derived 37% of its energy from the panels, selling the unused energy generated by the panels back to the utility at retail price. Using the panels represents a 42% financial saving.

States Senior Minister of FCCOL, Reverend Steven Jungkeit: “Our effort is to demonstrate how any institution, family, or business can step up and take action. We are proud to be a part of a faith institution that cares about the world, our environment, and puts our faith into practice ecologically.”

The benefits of clean energy reduce the church’s electricity expenses as well as its carbon footprint.

View the video of Reverend Jungkeit atop the roof of the church, in front of the solar installation with installer Mark Waldo at: www.fccol.org.
“Handwritten letters are a performance on paper,” states Mary Savig, curator of manuscripts at the Smithsonian’s Archives of American Art and organizer of the exhibition Pen to Paper: Artists’ Handwritten Letters from the Smithsonian’s Archives of American Art. The Florence Griswold Museum is the only northeast venue for this traveling exhibition. On view through May 6, Savig’s selection reveals the beauty and intimacy of the craft of letter writing. From casually jotted notes to elaborately decorated epistles, Pen to Paper explores the handwriting of celebrated artists such as Alexander Calder, Mary Cassatt, Frederic Edwin Church, Thomas Eakins, Howard Finster, Jacob Lawrence, Robert Motherwell, Claes Oldenburg, Georgia O’Keeffe, Jackson Pollock, John Singer Sargent, James McNeill Whistler, and many others. To complement the Smithsonian’s collection, handwritten letters from the Museum’s archives form the exhibition, P.S.: Letters from the Lyme Art Colony. Paintings from the Florence Griswold Museum and works from private collections hang alongside selected artists’ letters.

From May 11 to September 16, the Museum presents Art and the New England Farm. Drawing on the agricultural heritage of Florence Griswold’s family estate and of the Lyme region and beyond, this exhibition examines the history and character of New England’s farms in works by artists from the 19th to the 21st century. The exhibition will examine the influential works of George Henry Durrie, whose depictions of the New England farmstead became iconic emblems of mid-19th century rural American life. Works by Ivan Olinsky, Thomas Nason, Martin Lewis, and Walker Evans will then map the transformation and decline of the New England farm into the 20th century with the pressures of urbanization and suburbanization. The exhibition will also make relevant connections to the struggles of the modern-day farmer with the inclusion of works by contemporary artists and photographers, including artist Judy Friday’s project on a year in the life of Lyme’s Tiffany Farms.

The Museum’s annual GardenFest helps to kick off the garden season in Old Lyme. This ten-day (June 8-17) celebration of the site’s historic gardens features special events, family activities, and a wide variety of activities for all ages and interest levels. Most events are free with Museum admission. Check FlorenceGriswoldMuseum.org for information.

Checking Up on Your Financial “Vital Signs”

It can be helpful to think of your financial health like your doctor thinks of your physical health. Whether you go to your doctor for a check up or a specific problem, someone takes your vital signs - temperature, pulse, blood pressure, height and weight. The doctor can then evaluate your symptoms and your overall health in light of your current condition relative to historical data points. Even if you’re currently very healthy, comparing the vital signs and their trends over time can help spotlight things to watch more closely.

Checking your financial vital signs can follow a similar process.

FIRST: Determine your current position:
- What you earn
- What you spend
- What you own
- What you owe
- What insurance you have

SECOND: Ask questions to better understand your current situation
- Who depends on you, financially? (child dren, spouse or partner, parents, others)
- Do you have a 6 month emergency fund if you were unable to work?
- What happens if you’re disabled?
- What happens when you die?

Now you have the picture of where you are now. The next steps are diagnosing where you want to be and how to get there.

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LYME ART ASSOCIATION GETS EXTREME MAKEOVER

In 1914, the American Impressionist painters of Old Lyme formed an association and dreamed of building their own gallery to exhibit their work. For the sum of one dollar, Ms. Florence Griswold deeded a portion of her property to the artists; where, in 1921, the Lyme Art Association Gallery opened its doors. Sadly, nearly a century later, this landmark gallery had the same shingles, deteriorated and literally falling off the building, and rotted woodwork coming apart. There was simply no choice; the three Rs - repair, restoration, and renovation - had to begin.

But makeovers take money, and so the Lyme Art Association's Second Century Capital Campaign launched to bring the historic building back to life. Generous contributions have put the Association close to the $364,000 goal, and the progress of the project has been amazing. "Just as the original artists raised money to open the Lyme Art Association's doors, we, too, find ourselves working to ensure that our historic landmark gallery will thrive for the next 100 years," said Kathy Simmons, Board President of the Association. As of mid February, generous donations have brought the Association to within $68,292 of their $364,000 goal. Restoring this building is important for so many reasons. Today the Lyme Art Association continues its commitment to advance the cause of representational fine art, while maintaining and preserving its historic building and galleries. It is a vibrant art center and gallery where professional and developing artists mount major exhibitions year-round - open to the public and free of charge. The Association also has a robust schedule of art classes, workshops and lectures. The landmark means a great deal to artists, those who appreciate art and, of course, the community.

The Lyme Art Association is open Wednesday through Sunday, from 10:00 am - 5:00 pm, and by appointment. The Lyme Art Association is located at 90 Lyme Street in Old Lyme, at the corner of Halls Road. Please call 860-434-7802 for more information, or visit www.lymeartassociation.org.
Germany is the fourth largest wine growing country in Europe. Even though it is a big grower of grapes, it is small in comparison to the other products that are grown there. Most of the high quality wines are grown on steep slopes above the Rhine river. These vineyards need to be handpicked, which takes many extra hours. Where there are smaller portions of flat land, machines are used for harvesting.

In the 80s Liebfraumilch was one of the largest white wines exported, which brought a lot of new people into drinking wine due to the sweetness. The most popular grapes now are Riesling, Muller-Thugau, and Silvaner.

One of the most difficult things about German wines is understanding the label. One item that is always on the label is the region. There are thirteen winemaking regions in Germany. The four major wine regions are Mosel, Pfalz, Reingau, Rheinhessen.

You might also see words like Kabinett, Spatlese, Auslese, Trocken, Beerenauslese, Trockenbeerenauslese, and Eiswein. Trocken meaning dry, in a Riesling you get a dry crisp wine if this term is on the label. Kabinett is picked during normal harvest which leads to a semi dry or dry wine. Spatlese means picked late, hence these wine are a little sweeter. Auslese is a process that the fullest ripe grapes are picked, which results in a fuller, slightly sweeter wine. With the Beerenauslese method the best grapes are hand picked to produce a juicy sweeter wine of slightly better quality. Trockenbeerenauslese is similar to that of Beerenauslese but the grapes are dried so they become raisny and hence produces a sweeter and more intense wine, which is usually expensive.

Lastly, one other type of wine is Eiswein. This is a process of freezing the grapes on the vine, they are then pressed while they are frozen which makes for a concentrated wine with sweet fruit, also classified as a dessert wine.

Hopefully this will give you a better understanding of German wines and make it easier to pick out the wine you desire from Germany. With the variety of the wine making processes you can purchase a Riesling from bone dry to intensely sweet. Have fun with your next selection of German wines, as they will prove to be a tasty accompaniment to the upcoming holidays.

Art LiPuma
Manager, SeaSide Wine & Spirits
Lyme Art Association

On View:
MARCH 9 TO APRIL 20, 2018

Four Acts. Opening reception on Sunday, March 18, 2:00 - 4:00 pm. The Exhibition in Four Acts is one of our most dynamic and exciting exhibitions, bringing together four distinct types of representational art: Interiors and Exteriors; Animal Kingdom; Life on Hold; and Faces and Forms. Gallery hours are Wednesday through Sunday, 10:00 am -5:00 pm, and by appointment. Admission is free but a $5 donation is suggested.

APRIL 7

Art Supply Expo. An opportunity for artists to meet premier art supply vendors, learn about new techniques and materials, see demonstrations, and enjoy discounts and special offers. This event is free and open to the public. Saturday, April 7 from 10:00 am -3:00 pm.

John Falato, Carriage, oil.

On View:
APRIL 27 TO JUNE 8, 2018

97th Annual Elected Artist and Contemporary Look. The annual showcase of the best new works of art by Elected Artists Members. These artists are professionals of note and significance whose works are known, collected, and exhibited throughout the country, as well as along the shoreline. Opening reception on Friday, May 4, 5:00 pm - 7:00 pm. Gallery hours are Wednesday through Sunday, 10:00 am -5:00 pm, and by appointment. Admission is free but a $5 donation is suggested.

Lyme Art Association,
90 Lyme Street, Old Lyme, CT
860-434-7802 | lymeartassociation.org

Filters vs. Distortions, Where is the Line?

The changes we make to our Instagram pictures are called filters. I like to call them distortions. Distortion is defined as “the action of giving a misleading account or impression.” Social media allows, far too easily, young children and teens to access distorted views and expectations of the world and people around them. When we close the social media and enter back in the “real world” it is easy for us to blend the two worlds and carry those distortions with us. The social media might close, but the residual anxiety, depression, and negative view of self remains open, and the distorted lens we look through remains clear. How can we protect ourselves from the potential dangers of social media and compete with the increasing need and convenience of technology? How can we tell when it is time to unplug and connect as humans, not to WiFi? Talk with your loved ones if you are noticing behavioral or emotional changes that concern you, and recognize when you need to seek professional support and guidance to take back control in your real world. De-filter, De-stress, and Re-ignite your happiness.

Kristin Kiczuk, LCSW
East Lyme Psychological Associates
LYME ACADEMY COLLEGE OF FINE ARTS

EXHIBITIONS
- 42nd Annual Student Exhibition
  Chauncy Stillman Gallery.
  Exhibition on view from February 2 - March 31, 2018.
  Opening Reception: Friday, February 2, 5:00 - 7:00 pm.
  Gallery Hours: Monday - Saturday, 10:00 am - 4:00 pm.
  Free and all are welcome.
  Gallery Hours: Monday - Saturday, 10:00 am - 4:00 pm.

- Bridging the Arts
  amongst Ceramics and other Art Forms
  Sill House Gallery. Exhibition on view from
  February 2 - March 31, 2018.
  Opening Reception: Friday, February 2, 5:00 - 7:00 pm.
  Gallery Hours: Monday - Saturday, 10:00 am - 4:00 pm.
  Free and all are welcome.
  Gallery Hours: Monday - Saturday, 10:00 am - 4:00 pm.

- Shoreline Arts Alliance Presents Future Choices Exhibition
  Sill House Gallery. Exhibition on view from
  February 2 - March 6, 2018.
  Reception and Awards Ceremony: Saturday,
  March 3, 3:00 - 5:00 pm.
  Snow date: Sunday, March 4, 3:00 pm - 5:00 pm.
  Free and all are welcome.
  Gallery Hours: Monday - Saturday, 10:00 am - 4:00 pm.

- Lyme-Old Lyme School District Art Exhibition
  Opening Reception: Thursday, March 15, 2018, 4:00 - 7:00 pm.

- Senior Studio Exhibition.
  Chauncey Stillman Gallery, Sill House Gallery and Senior Studios.
  Opening Reception: Friday, April 13, 5:00 - 8:00 pm.
  Exhibition on view April 13 through May 12.

- A Living Monument to Cultural Heritage Preservation:
  Cities of Peace Exhibition.
  Opening Reception: Friday, June 22, 5:00 - 7:00 pm.
  Exhibition on view June 22 through September 8.
  Gallery Hours: Monday - Saturday, 10:00 am - 4:00 pm.
  Free and all are welcome.

BOOK CLUB
- Reading the Arts: Book Club at LYME.
  Fridays, 10:00 am - 12:00 pm, March 2, 9, 16, 23 and
  April 6 and 13.
  Please note: The Book Club will not meet on Friday, March 30.
  Limited Enrollment. Registration required at:
  www.lymeacademy.edu.

COMMUNITY COURSES
- Registration for Adult and Pre-College Courses Now Open.
  Visit our website at: www.lymeacademy.edu.

CURATED FILM SERIES
Bridging the Arts
- Double Feature: Horst and Duane Michals.
  Tuesday, March 6, at 5:30 pm.
- Philip Johnson: Diary of an Eccentric Architect.
  Tuesday, April 10, 5:30 pm.
- Ross Bleckner: Remember Me.
  Tuesday, May 8, 5:30 pm.

The Kate, 300 Main Street, Old Saybrook, CT
For advanced tickets visit: www.katharinehepburntheater.org

Bridging the Arts is a curated film series co-sponsored by Lyme Academy College of Fine Arts and the Kate. The series will feature a selection of art films produced by the highly-regarded Checkerboard Film Foundation, Inc. and include a brief lecture before each film.

LECTURES
- March 8 - Tom Moran,
  Chief Curator, Grounds for Sculpture.
- March 22 - Deborah Quinn-Munson:
  The Importance of Composition
- April 5 - Paul Muldoon,
  Pulitzer Prize-winning Irish poet and the recipient of the HM Queen Elizabeth's Gold Medal for Poetry for 2017
- May 10 - Ana Flores,
  The Schumann Foundation Visiting Artist Spring 2018
  Receptions at: 5:00 pm.
  Lectures at: 6:00 pm. $15 per person.
  Limited seating. Reservations required.
  To purchase tickets visit: www.lymeacademy.edu

- Shoreline Arts Alliance Presents Future Choices Exhibition
  Sill House Gallery. Exhibition on view from
  February 14 - March 6, 2018.
  Reception and Awards Ceremony: Saturday,
  March 3, 3:00 - 5:00 pm.
  Snow date: Sunday, March 4, 3:00 pm - 5:00 pm.
  Free and all are welcome.
  Gallery Hours: Monday - Saturday, 10:00 am - 4:00 pm.

- Lyme-Old Lyme School District Art Exhibition
  Opening Reception: Thursday, March 15, 2018, 4:00 - 7:00 pm.

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  Exhibition on view June 22 through September 8.
  Gallery Hours: Monday - Saturday, 10:00 am - 4:00 pm.
  Free and all are welcome.
Old Lyme Arts District: Arts & Culture on Lyme Street

The 32nd annual Old Lyme Midsummer Festival takes place Saturday, July 28th with the traditional kickoff concert the evening before (Friday, July 27) on the lawn of the Florence Griswold Museum. It will once again be a great time with food, music, specialty shopping and art - both on display and for purchase. The Midsummer Festival is a wonderful nod to the cultural heritage of our town.

This year the partners of the Festival and other arts and cultural organizations have committed to working together year-round as the Old Lyme Arts District: Arts & Culture on Lyme Street. Newly formed, the partnership is promoting musical performances, art shows, special shopping incentives, lectures, workshops and more on Lyme Street. Be sure to check out the Old Lyme Art District Facebook page, and stay tuned for its website to be launched. That’s where you will find a calendar of arts & culture events including the Midsummer Festival. There is so much to see and do on Lyme Street, we look forward to sharing it all with you!

The Ruth Ann Heller Music Foundation

The Ruth Ann Heller Music Foundation recently awarded 26 scholarships to instrumental students participating in Lyme-Old Middle and High Schools band programs.

The 501(c)(3) non-profit foundation was formed in 1999 after the retirement of Ruth Ann (King) Heller who had a wonderful and long-lasting impact on the District’s band program that continues to thrive today under the dedicated and talented efforts of Jay Wilson and Carrie Wind. Scholarships are exclusively for private lessons and are paid directly to student-selected teachers. One-on-one instruction time provides a valuable opportunity for the students to develop their musical skills and subsequently enhance the quality of the band performances. This year we are pleased to highlight two LOLHS alumni and scholarship awardees and the effect music has had on their lives.

Laura (Neville) Lima de Souza earned a B.S. in Music Education from Western Connecticut State University and a Masters in Flute Performance from New York University where she studied with Dr. Brad Garner. Laura served as Band President in high school and developed meaningful, long-lasting relationships because of music. Laura shared with us, “As a recipient of the RAHMF scholarship for private lessons, I did not know how much of an

continued on page 42
impact those lessons and my studies would have on my life today. I studied with the principal flutist of the Coast Guard Band. She was incredible and broadened my understanding of what it means to be a professional in the music industry and not just as a performer. Having the opportunity to study with someone that could offer me this advice and guidance was invaluable.” Laura taught middle school band for three years in Connecticut where her ensembles received high accolades. Upon graduating from NYU, Laura performed regularly with her woodwind quintet and worked in the booking department at Columbia Artists Management Inc. She is currently working for the Eastman School of Music managing events and stewardship needs for its Advancement Office. Laura is active in the Rochester music scene, still teaches flute workshops and is pursuing an MBA at the University of Rochester’s Simon School of Business.

Mark Neville currently works as a retail store manager and sales team leader at New York & Co.. He is a classically trained trombonist who teaches privately and gigs as a freelance musician throughout Southern Connecticut and the New York City area. He actively performs with local big bands and musicals. “I had the honor of studying trombone with James Jackson from the Coast Guard Band and Jeffrey Gray and Harold Reynolds at Ithaca College. I started studying trombone with James Jackson, the principal euphonium player for the Coast Guard Band, in 8th grade. He gave me the foundation I needed to be a professional trombonist; my sound concept and technique is based on his teachings. He pushed me to be my best and I have taken that with me throughout my college studies and adult life. If it weren’t for my lessons in high school, I wouldn’t be where I am today. I will always have music in my life and will always share my passion with others. Thank you to the Ruth Ann Heller Music Foundation for the opportunities I had that came out of my lessons in high school.”

**THIS YEAR’S HIGH SCHOOL RECIPIENTS ARE:**
Emma Bass, Elizabeth Cravinho, Megan Cravinho, Teddy Enoch, Sophia Griswold (Dr. Stephen D. Crites Scholarship), Kylie Hall, Tasha Joshy, Jonathan Nichele, Connie Pan, Gabriel Stepehns-Zumbaum and Caroline Wholean.

**THE RECIPIENTS FROM THE MIDDLE SCHOOL ARE:**
Bridget Allan, Callie Bass, Livie Bass, Natalie Buckley, Anna Davis, Shawn Grenier, Alexis Grasdock, Karissa Huang, Fiona Hufford, Phoebe Lampos, Theodore (Van) Lampos, Nikolai Stephens-Zumbaum, Peter Takzcuk, Mary Wholean, Avery Wyman (“Doc” Mirliani Scholarship)

Since 2001 over 310 scholarships have been awarded. All of your tax-deductible donation goes directly to student... continued from page 41
Musical Masterworks

Renowned, world-traveling Musical Masterworks veterans will present a program of sublime chamber music treasures to conclude our 27th Season this April. Violinist Amy Schwartz Moretti and pianist Adam Neiman will begin the program with J.S. Bach's exquisite Sonata No. 4 for violin and keyboard; then violinist Aaron Boyd and violist Dimitri Murrath will join Artistic Director, Edward Arron for Schubert's seldom-performed B-flat String Trio, an unusually intimate and elegant dialogue between three instruments; then our five performers will come together to conclude the program - and season - with the titanic and soul-stirring Piano Quintet, Opus 30, by the Russian Romantic-era composer, Sergey Taneyev.

APRIL PERFORMANCES
Saturday, April 28, 2018 at 5:00 pm
Sunday, April 29, 2018 at 3:00 pm
At the First Congregational Church of Old Lyme
Adam Neiman, piano, Amy Schwartz Moretti, violin, Aaron Boyd, violin, Dimitri Murrath, viola, Edward Arron, cello

J.S. Bach: Sonata No. 4 in c minor for Violin and Keyboard, BWV 1017
Schubert: String Trio in B-flat Major, D. 581
Taneyev: Piano Quintet in g minor, Opus 30

MMMODERN BY MUSICAL MASTERWORKS
Friday, May 11, 2018
5:30pm reception; 6:30 pm - 7:30 pm performance
At Lyme Arts Academy

Musical Masterworks is pleased to present another MMModern concert following the sell-out success of its fall debut! This spring we will feature The Percussion Collective who have a "distinctly insightful approach to the performance of percussion chamber music challenging the limits of excellence and thrilling audiences."

For more information view our website at: musicalmasterworks.org or call: 860-434-2252.

scholarships as board members cover the modest administrative expenses. Please visit: www.rahmf.org to donate via PayPal or mail a check to: P.O. Box 298, Old Lyme, CT 06371. Any level of support makes a meaningful difference in our students' musical development. The trustees are: Bruce Abraham, Jane Bugbee, Ellen Calkins, Matthew Cantner, Susan Fogliano, Candace Fuchs, Meredith Huntley, Ann Lander, Dylan Lee, Elaine McGirr, Hilarie Clark Moore, Dyanne Rafal and Peter Vandersloot.
MARK YOUR CALENDAR FOR 82ND ANNUAL WHITE ELEPHANT SALE!
Preparations are already well in hand for the perennially popular White Elephant Sale (WES) hosted by the Ladies Benevolent Society of the First Congregational Church of Old Lyme.

For those new to the town or folk who have never participated, this 81st annual sale is one of the main events on both the town and church calendars. It all starts with the intake period when you can drop off unwanted items at the church from your house - perhaps your basement, attic or closets - or yard.

Garage, tag and rummage sales may be everyday affairs, but few, if any, can match the size and color of this one. The sale items are organized into some 20 departments that fill the church buildings as well as every available space on the lawn. The WES has grown so large that it has become a true “community event” since many of the donations are from non-church members and quite a number of volunteers are also from outside the church.

The sale raises a significant amount of money for missions and good works both locally and throughout the world. Some of the beneficiaries include food pantries, health organizations, family support centers, children’s programs, literacy volunteers, affordable housing, and disaster relief worldwide.

Mark your calendars now for the dates of this year’s sale. Intake begins on Thursday, June 28, and runs daily from 9:00 am to 2:00 pm through Saturday, June 30. Then there is a break for the July 4th holiday and then intake restarts Thursday, July 5, and continues through Saturday, July 7.

The sale itself will be held on Friday, July 13, from 9:00 am to 2:00 pm and Saturday, July 14, from 8:00 am to 12:00 pm. Most departments offer items at half-price on the second day.

For more information about the sale or if you would like to volunteer to help in any capacity, whether with intake, the sale itself, or clean-up, call the church office at: 860-434-8686 or visit www.fccol.org. See you at The Sale!
Don’t let vascular disease slow you down.

See our expert team in Middletown & Old Saybrook.

The smarter choice for...

With a new, state-of-the-art Diagnostic and Interventional Suite, and a team of the area’s top vascular specialists, Middlesex Hospital is leading the way in detecting and curing all kinds of vascular conditions—including varicose veins, damaged vessels, and potentially life-threatening blockages and aneurysms.

And, because many procedures use smaller or even no incisions, we’ll have you back on your feet faster than you’d ever imagine.

middlesexhospital.org/vitality
It is fun to try to win when playing board games. It is even more fun to really win when you switch to a FREE checking account at Essex Savings Bank. You win with...

- FREE debit card
- FREE online banking
- FREE electronic bill payment access
- ATM surcharge reimbursements up to $12 per statement cycle
- FREE first order of checks
- FREE paper statements
- FREE mobile app
- FREE mobile check deposit
- FREE person-to-person payments

There are no maintenance or activity fees. We never play games with the real money you have worked hard to earn and save.